

In Partnership with

genos[®]
INTERNATIONAL



MALAYSIAN INSTITUTE OF MANAGEMENT
Institut Pengurusan Malaysia



Virtual Instructor-Led Leadership Programme

LEADING WITH EMOTIONAL INTELLIGENCE

**“Demand for Emotional Intelligence
Skills will Rise Six Times on Average in
the Next 3 to 5 Years”**

Source: Capgemini Research Institute, Emotional Intelligence Research, Executive Survey, August-September 2019

Train your team to enhance their Emotional Intelligence and build their resilience to face the challenges brought by today's New Norm.

MIM and Genos International's Leading with Emotional Intelligence, Virtual Instructor-Led Leadership Programme is open for **in-house** bookings where we can customise each session to meet your business needs.

This programme includes :

- 180 degrees pre and post assessment
- A comprehensive and easy to follow programme workbook
- Six modules delivered via three value-driven sessions with each session lasting four hours
- Post-delivery action plans ...and more!

Understand Your Strengths as a Leader through our Award-Winning GENOS Assessment Leadership Survey with Personal Development Tips Workbook



Model
emotionally
intelligent
leadership



Aware Leader
Demonstrate
self-other
awareness &
empathy



Authentic Leader
Facilitate difficult
performance
conversations
with finesse



Expansive Leader
Decision making,
based on emotional
and moral reasoning



Resilient Leader
Develop personal
resilience and
a mentally healthy
workplace



**Empowering
Leader**
Inspire performance
through persuasion,
coaching and
influence



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Programme Learning Modules

01 MODULE

Model Emotionally Intelligent Leadership

- Explore the social neuroscience of emotions
- Determine the link between emotions, decisions making, behaviour and performance
- Review the importance of emotionally intelligent leadership behaviour for your leadership context
- Receive feedback on how well you demonstrate emotionally intelligent leadership behaviour
- Develop a point in time, context specific action plan

02 MODULE

Aware Leader

- Develop self-awareness, a better understanding of yourself, your triggers and default behaviours
- Enhance your understanding of others and how flex your Leadership style to better connect, communicate and influence different personality types
- Learn about the social neuroscience of empathy and how to demonstrate more empathy in your leadership and management of others

03 MODULE

Authentic Leader

- Create a culture of open, robust, healthy debate
- Respond effectively when challenged
- Express your thoughts, feelings and perspectives with confidence and finesse
- Better manage performance related issues through clear, authentic and open dialogue

04 MODULE

Expansive Leader

Explore the science of emotional reasoning and how it trumps IQ in leading transformational change
Develop the skills and behaviours associated with emotional reasoning to improve how you:

- Explain the rationale behind decisions made,
- Involve team members in decisions that affect their work,
- Support team members to navigate through change and transition
- Take the bigger picture into account when decision-making,
- Make more ethical decisions

05 MODULE

Resilient Leader

- Explore the science of stress and resilience
- Understand the responsibilities leaders have to create a mentally healthy workplace environment for others
- Identify different Thinking, Physical, Relationship and Environmental strategies to boost your own resilience and that of your team
- Enhance your capacity to positively influence the way others feel

06 MODULE

Empowering Leader

- Explore the science of human motivation and engagement.
- Apply a model for improving the motivation and engagement of your team
- Provide more constructive feedback on behaviour and performance
- Better facilitate team member development and career advancement discussions

Enjoy an Interactive Learning Experience ONLINE!



Inspirational, relevant content that people can apply



Participant engagement through discussion



Polls & data that provide insights



Activities that build skills, understanding and application

Meet Your Facilitator



Pn. Rahima Ibrahim

Rahima was the Senior Vice President and Head of HR for Siemens Malaysia for 17 years and after her retirement 4 years ago she has embarked on Training, Consulting and Coaching and currently she is the Executive Director under her own Company Resolute Ingress Learning Consultancy Sdn. Bhd. She graduated from the University of Portsmouth, UK majoring in Human Resources. In the last two years she has been accredited as Professional Trainer from HRDF, CPT, IPMA, UK, Brain Based Coaching, Emotional Intelligence from Genos International, Australia and just recently certified under John Maxwell Team, US on Leadership programs.



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